

CLINIC HOURS:

Monday thru Saturday
8:00 am – 4:30 pm

EVENING HOURS:

Women's Health Services

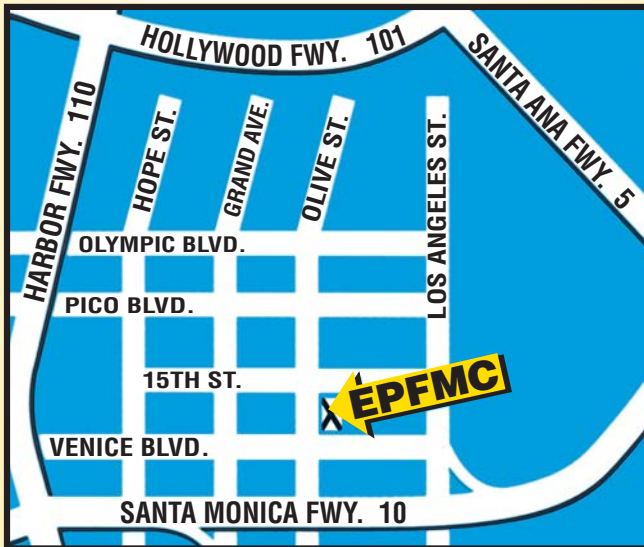
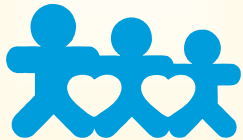
Monday, Wednesday & Thursday
4:30 pm – 7:00 pm

FOR APPOINTMENTS CALL:

(213) 747-5542

We accept Medi-Cal, Healthy Families, CHDP,
PPP, FPACT, Private Insurance and Cash.

Pharmacy open during clinic hours.



Patient Parking

Patient parking is available at a reduced rate at the Grand Avenue Garage (Olive/Venice). Please ask for validation when registering.

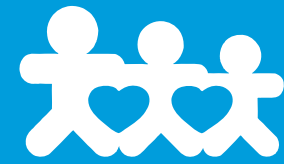
Public Transportation

There are several bus lines that stop close to the Center including bus line numbers 2, 33, 68 & 70.

Bus Lines:

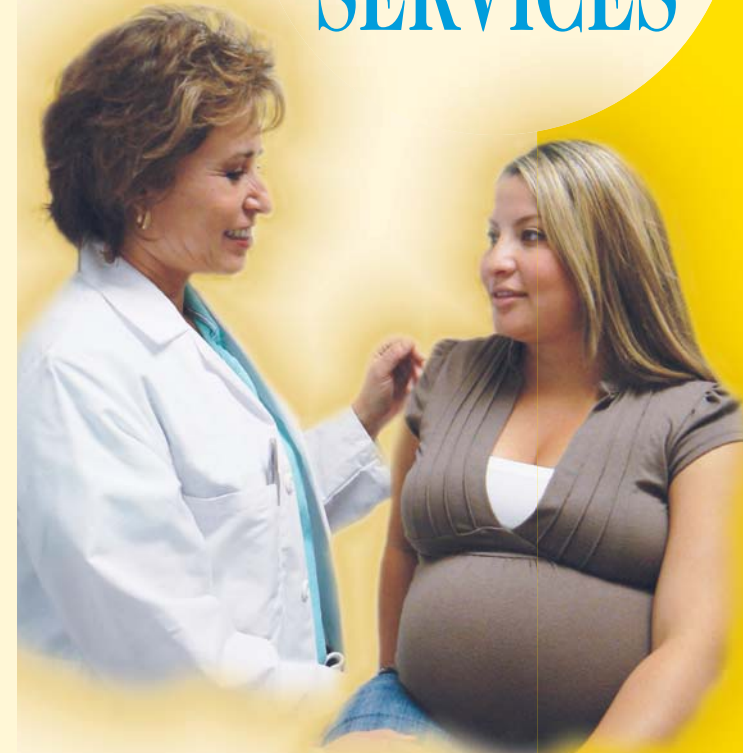


Founded in 1920, Eisner Pediatric & Family Medical Center is a quality-focused, non-profit community health center dedicated to improving the physical, social and emotional well-being of people in the communities we serve, regardless of income.



EISNER PEDIATRIC & FAMILY MEDICAL CENTER

WOMEN'S HEALTH SERVICES



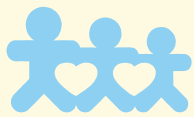
EISNER PEDIATRIC & FAMILY MEDICAL CENTER

1500-1530 South Olive Street, Los Angeles, California 90015

(213) 747-5542 • www.eisnerpedcenter.org



SERVING *Today,*
PLANNING *for Tomorrow*



EISNER PEDIATRIC & FAMILY MEDICAL CENTER

Women's Health Services Welcomes YOU and Your Family!

We Believe That:

- Having a baby is a natural healthy event.
- Women desire to give birth in a caring environment.
- Women have a right to be heard regarding their health care needs.

WOMEN'S HEALTH SERVICES INCLUDE:

- Free Pregnancy Test
- High Quality Prenatal Care
- Multilingual and Friendly Staff
- Help with Medi-Cal Application
- Comprehensive Perinatal Services Program
- Certified Nurse-Midwives & Licensed Obstetricians
- Registered Dietician to Guide Your Nutrition
- Social Worker for Emotional Counseling
- Free Prenatal Classes
- Childbirth Preparation/Lamaze
- Breastfeeding Consultations after Delivery
- Pregnancy Orientation and Maternity Tours
- Laboratory in the Same Clinic
- Ultrasound and Fetal Testing when necessary
- Centering Pregnancy Care
- Labor & Delivery in a Private Room at California Hospital Medical Center
- Special Care for Diabetic Mothers
- Hospital Grade Breast Pumps for Rent
- Baby Showers

- Prenatal Vitamins
- Family Planning for Women and Men
- Sterilization and Vasectomy
- "Baby Library" Sponsored by March of Dimes

PRENATAL CARE

During your pregnancy you will be under the care of either a doctor or nurse-midwife. Your prenatal visits will include examinations, education, and laboratory testing. We will provide you with all the necessary information you will need to have a happy and healthy pregnancy.

PRENATAL CLASSES

Women's Health Services offers classes covering a variety of topics that a pregnant woman needs to know to prepare for a healthy pregnancy and delivery. Each month we have a fun "Baby Shower" for clients that have taken 10 or more classes. The following classes are recommended during the course of the pregnancy, with additional classes available according to the needs and interests of each client.

- Early Pregnancy Class
- Nutrition
- Exercise in Pregnancy
- The Birth of your Baby
- Learning to Breastfeed
- Feeding your Baby
- Baby Care
- Lamaze
- Family Planning
- Cesarean Birth & VBAC

NUTRITION

The food you eat affects both you and your baby. A nutritionist will help in planning the right amount and which kinds of foods you need to eat each day!

SOCIAL SERVICES

Pregnancy is a time of many emotional changes. Our counselor will help you sort out your feelings and may be able to assist with food, housing and job needs.

COMPREHENSIVE PERINATAL SERVICES PROGRAM

A Medi-Cal Care Program that:

- Lets us provide for your special needs.
- Starts as soon as you know you are pregnant.
- Continues for 2 months after your baby is born.

AFTER-DELIVERY CARE

After your baby's birth, our nurse-midwives will provide you with the necessary information regarding self-care, infant care, and feeding your baby. Four to six weeks after the birth of your baby, you will be given a follow-up appointment to see how you are doing and to discuss your family planning needs.

BREASTFEEDING SUPPORT!

Our Lactation Consultant is available by appointment to offer breastfeeding support and assist you with renting hospital grade breast pumps.

BABY CARE

After your baby's birth, our pediatricians and family practice physicians are available for your baby's well-child care and also when they are sick.